

**Team reflection**

Thinking and reflecting as a team is useful in refining plans and anticipating the challenges of the team’s objective. It may also be a useful tool to build mutual understanding of the different contributions and challenges individuals face.

**What objective did you set out to achieve as a team?**

**Did you achieve this objective?**

**What challenges did/do the team face and how do the team overcome them**

**What has gone well and why?**

**What could have gone better?**

**What has the team learned from this? Critical review and development of insight**

**What changes will you now make to improve team handling of challenges to better achieve the objective?**